



# Healthy Settings

Mark Dooris & Didier Jourdan

In 1986, the Ottawa Charter contended that: “Health is created and lived by people within the settings of their everyday life; where they learn, work, play and love.” It is this assertion that launched the Healthy Settings movement, which has spawned multiple initiatives and networks across the globe.

Informed by an ecological model of health promotion and reflecting a whole system perspective the approach is widely understood to involve:

- a focus on place, people and increasingly planet – and the inter-relationships among them
- an understanding of settings not only as convenient places to target health messages and discrete interventions, but also as contexts that directly and indirectly impact wellbeing

- a commitment to integrating health within the culture, ethos, structures, processes and routine life of the organizational and place-based settings.

A diversity of research, policy and practice is based on these three pillars, even while the Healthy Settings approach is constantly evolving and being renewed.

This interactive symposium will outline key characteristics of the Healthy Settings approach; take a stock of the innovative initiatives; discuss its role in addressing 21<sup>st</sup> century problems linked to the rising prevalence of non-communicable diseases; consider its relationship to salutogenesis and health literacy; and explore challenges and future opportunities.

## Programme for the Healthy Settings symposium (25.9.2018, 10:15 – 12:30)

<b>10:15</b>	Welcome and Introduction to the Symposium and IUHPE Interest Group	Didier Jourdan
<b>10:25</b>	Healthy Settings: Overview, Theoretical Perspectives, Challenges and Future Directions	Mark Dooris
<b>10:50</b>	Healthy Settings: State of the Art – Perspectives from Different Settings <ul style="list-style-type: none"> <li>▪ Introduction: ‘Settings-Based Health Promotion: Theory and Practice’</li> <li>▪ Cities</li> <li>▪ Schools</li> <li>▪ Universities and Colleges</li> <li>▪ Hospitals</li> <li>▪ Prisons</li> <li>▪ Sports Clubs</li> </ul>	Sami Kokko Marti Rice Lawry St Leger Mark Dooris Jürgen Pelikan Michelle Baybutt Sami Kokko
<b>11:25</b>	Questions	
<b>11:35</b>	Round-Table Small Group Discussion	
<b>12:10</b>	Key Emerging Issues and Challenges	
<b>12.30</b>	Closing	